

WEEK ONE	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:00am – 8:30am Water and Milk are offered at all mealtimes	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)
Morning Snack 9:00am – 10:00am	Fresh Fruit Salad Cheesy Baked Beans on Wholegrain Toast Allergens: (1) (7)	Fresh Fruit Salad Baked Porridge Cookies with Creamy Yogurt Allergens: (1) (3) (7)	Fresh Fruit Salad Scrambled Egg with Avocado & Cherry Tomatoes on Brown Soda Bread Allergens: (1) (3) (7)	Fresh Fruit Salad Potato bread with bacon medallions Allergens: (1)	Fresh Fruit Salad Mini Pancakes with a selection of toppings Allergens: (1) (3) (7)
Dinner 12:00pm – 12:30pm	Fish Goujons, Oven chips, Peas & sweetcorn Allergens: (7)	Homemade Savoury Mince with Creamy Mashed Potato & Seasonal Vegetables Allergens: (1) (7) (9)	Pork Sausages with Onion Gravy, Mashed Potato & Glazed Carrots/beans Allergens: (1) (7)	Cheesy Pasta Bake with Broccoli & Cauliflower Allergens: (1) (7)	Creamy Chicken & Vegetable Casserole with potatoes Allergens: (1)(7)
Evening Snack 2:30pm – 3:30pm	Curry Rice with Naan bread Allergens: (1) (7) (8) (13)	Mini Pizza toast with a variety of toppings Allergens: (1) (7)	Toasted flatbreads with a variety of fillings Allergens: (1) (3) (4) (7)	Soup of the day & wholegrain roll Allergens: (1) (7) (9)	Chefs choice of Cake or cookies with fresh fruit Allergens: (1) (3) (7)

WEEK TWO	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:00am – 8:30am Water and Milk are offered at all mealtimes	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)
Morning Snack 9:00am – 10:00am	Fresh Fruit Salad Breakfast Bagels Allergens: (1) (3) (7)	Fresh Fruit Salad Mini Cheese & Vegetable Omelettes Allergens: (1) (3) (7)	Fresh Fruit Salad Skinless Sausage Sandwiches Allergens: (1) (7)	Fresh Fruit Salad Cheese Wraps Allergens: (1) (3) (7)	Fresh Fruit Salad French Toast Fingers with a variety of toppings Allergens: (2) (3) (7) (4)
Dinner 12:00pm – 12:30pm	Fish Fingers, Oven Chips, Baked Beans & Sweetcorn Allergens: (1) (4)	Slow-cooked Beef Stew, Mash & Root Vegetables Allergens: (2) (7) (3)	Shepherd's Pie with Mash and Seasonal Vegetables Allergens: (1) (7)	Mild vegetable curry with Rice & Bombay Potatoes Allergens: (2) (3) (8) (13)	Chicken Goujons, Oven chips & Seasonal Vegetables Allergens: (1) (7)
Evening Snack 2:30pm – 3:30pm	Rice pudding/custard & cinnamon baked apples Allergens: (1) (3) (7)	Baked macaroni and cheese Allergens: (1) (7)	Toasted sandwiches with a variety of fillings Allergens: (1) (7)	Soup of the day with brown soda bread Allergens: (1)	Chefs choice of cake or cookies with fresh fruit Allergens: (1) (3)

WEEK THREE	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:00am – 8:30am Water and Milk are offered at all mealtimes	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)
Morning Snack 9:00am – 10:00am	Fresh Fruit Salad Waffles with Beans Allergens: (1) (3) (7)	Fresh Fruit Salad Boiled egg in a cup with wholegrain toast Allergens: (1) (3)	Fresh Fruit Salad Spaghetti hoops on toast Allergens: (1)	Fresh Fruit Salad Natural yogurt with granola and toppings Allergens: (7)	Fresh Fruit Salad Warm scones with butter and Jam Allergens: (1) (3) (7)
Dinner 12:00pm – 12:30pm	Spaghetti Bolognese with Grated Cheese & Garlic Bread Allergens: (1) (7)	Traditional Roast Chicken Dinner with Stuffing, Gravy & Seasonal Vegetables Allergens: (1) (7)	Fish Goujons with Oven chips, mixed veg & sweetcorn Allergens: (1) (4) (7)	Mild Chicken Curry with Rice and Naan Bread Allergens: (1) (3) (7) (8) (13)	Homemade Beef Burgers with potatoes (or oven chips) and beans Allergens: (1)
Evening Snack 2:30pm – 3:30pm	Afternoon tea sandwiches and scones Allergens: (1) (3) (7)	Pasta with tomato sauce Allergens: (1)	Toasted pitta pockets with a variety of fillings Allergens: (1) (7)	Soup of the day & brown roll Allergens: (1) (7)	Chefs choice of cake or cookies with fresh fruit Allergens: (1) (3) (7)

WEEK FOUR	Monday	Tuesday	Wednesday	Thursday	Friday
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Breakfast 8:00am – 8:30am Water and Milk are offered at all mealtimes	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)	Selection of breakfast cereals Bread or toast with butter or jam/marmalade Allergens: (1) (7)
Morning Snack 9:00am – 10:00am	Fresh Fruit Salad Crumpets/bagels served with a savoury platter and cream cheese/jam Allergens: (1) (7)	Fresh Fruit Salad Potato Bread with baked beans Allergens: (1)	Fresh Fruit Salad Boxty with bacon medallions Allergens: (1) (3)	Fresh Fruit Salad Mini Frittatas Allergens: (3) (7)	Fresh Fruit Salad Autumn Flapjacks with yogurt Allergens: (1) (7)
Dinner 12:00pm – 12:30pm	Mild Chilli Con Carne with Rice Allergens: (1) (7)	Traditional Roast Turkey Dinner with Stuffing, Gravy & Seasonal Vegetables Allergens: (1) (7)	Fish Fingers, Oven chips, baked beans & Sweetcorn Allergens: (1) (3)	Cheesy Vegetable Pasta Bake Allergens: (1) (7)	Beef Curry with rice and oven chips Allergens: (2) (3) (7) (8) (13)
Evening Snack 2:30pm – 3:30pm	Apple & Pear compote with natural yogurt Allergens: (1) (7)	Pesto pasta Allergens: (1) (8)	Toasted wraps with a variety of fillings Allergens: (1) (7)	Soup of the day with brown roll Allergens: (1) (3) (7)	Chefs choice of cake or cookies with fresh fruit Allergens: (1) (3) (7)